



April 17, 2018

Dear Parent or Guardian:

New York State requires yearly physical exams when students participate in school sports. Students in 9th, 10th, 11th and 12th grades at the high school are eligible for school sports physical exams.

UHS Sports Medicine physicians will be providing required sports physicals free of charge for your student-athlete at Whitney Point Central High School on Tuesday, May 8, 2018. These sports physicals must be done if your son or daughter plans to play a sport during the 2018-2019 school year. Please find the enclosed UHS Health History form and Consent for Care that needs to be **completed and returned to the school nurse by Monday, April 30th**.

Our goal, with our partnership with UHS, is to provide your student-athlete with a comprehensive exam that includes; baseline concussion testing, functional movement screening and sports physical. UHS Sports Medicine collaborates with the Whitney Point nurses, coaches, athletic trainer and myself to provide exceptional care, keeping your student athlete healthy.

If you have any questions feel free to call the high school nurse's office by phone at 692-8210 or by e-mail at jthorn@wpcsd.org or the athletic department by phone at 692-8245 or by e-mail at mhayes@wpcsd.org

We are excited that your student is considering to be part of the athletic program for the upcoming 2018-2019 school year.

Sincerely,

Joy Thorn

Ms. Thorn, High School Nurse

Murphee Hayes

Ms. Hayes, Director of Athletics, Health and Physical Education