

Welcome to UHS Sports Medicine

If you're ever injured while working, playing sports or doing normal everyday activities, you can find high-quality outpatient care at UHS Sports Medicine. The members of our knowledgeable, skilled and caring team will work together to get you back in action as safely and quickly as possible. Team consists of Orthopedic Surgeons, Primary Care Sports Trained Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists and Athletic Trainers.

Premier clinical service in Greater Binghamton

UHS Sports Medicine is the premier sports medicine provider in Greater Binghamton. We provide medical coverage to college sports teams including:

- The Binghamton University Bearcats
- The SUNY Broome Hornets

We also cover high schools around the region including:

- The Union Endicott Tigers
- The Owego Free Academy Indians
- The Seton Catholic Saints
- The Johnson City Wildcats
- The Chenango Valley Warriors
- The Chenango Forks Blue Devils
- The Candor Indians
- The Newark Valley Cardinals
- The Whitney Point Golden Eagles

Exceptional Sports Medicine Services

Get back into play with [UHS Sports Medicine](#), led by physicians who have focused their careers on treating conditions and injuries just like yours. To ensure your care progresses as smoothly and quickly as possible, your UHS team of doctors, physical therapists and athletic trainers remain in constant communication to monitor your treatment and coordinate your care.

For expedited access to medical care exclusively available to our area athletes, you can call a dedicated sports **medicine hotline at 607-762-3865**. This service is available seven days a week. We do our best to get you in at your convenience.

New Facility Coming Soon

When construction is completed in October 2016, benefit from UHS' new 68,000 square-foot facility, built to house all our musculoskeletal services, including a 12,000 square-foot physical therapy space and a sports performance gym. This means you will only need to visit one location for orthopedics, [chiropractic care](#), [physical therapy and rehabilitation](#), [podiatry](#), rheumatology, concussion and sports medicine.

Learn more about UHS Orthopedics and Sports Medicine by watching our [Orthopedics & Sports Medicine YouTube channel](#).

Whitney Point Athletic Trainer



Jay Hubbard, MS, ATC

Biography

Jay is an athletic trainer that is involved in outreach for the UHS Sports Medicine Program. Prior to working with UHS, Jay worked in a variety of athletic training settings including high school outreach and collegiate athletics as a member of the athletic training staff at Georgetown University from 2010-2014. Jay's role within UHS includes outreach athletic training services and sports medicine program growth and development.

Jay Hubbard, MS, ATC, PES

Athletic Trainer

UHS Sports Medicine-Physical Therapy and Rehabilitation

65 Pennsylvania Avenue, 3rd Floor

Binghamton, New York 13903

Whitney Point Location: Weight Room Office

Contact Information: whubbard@wpcsd.org

Phone Athletic Office: 607-692-8245 will transfer to athletic trainer internal line

Hours: afternoon until the end of sports practices and contests on most days

Practice/Game Coverage: based on health & safety needs

Appointments: Please sign-up during the school day with the nurse or communicate to coach injuries/accidents. The athletic trainers then will schedule an appointment with the student athlete.

Clayton Wilson

Strength and Conditioning Coach

Whitney Point Location: Weight Room Office

Contact Information: cwilson@wpcsd.org

Hours: Mondays, Tuesdays and Thursdays/ 4:00 pm-6:00 pm with in season athletic teams and from 6:00 pm-7:00 pm with out of season athletes

Practice Coverage: Based on schedule develop with the coaches and athletic department 4:00 pm-6:00 pm

Open Sessions: Any student athlete may participate if they have a permission slip and medical clearance 6:00 pm-7:00 pm